

## ***SESSION I***

### ***GETTING TO KNOW YOU***

**. PLEASE READ AND PREPARE SESSION BEFORE YOU MEET WITH YOUR CANDIDATE.** The goal of this session is to help you get to know each other. This session will help you become comfortable discussing your faith experience together.

**1. Open with a short prayer to the Holy Spirit**, inviting the Spirit to join you as you spend time together. Jesus said,  Where two or three are gathered in my name, here am I in their midst. ***Matthew 18:20.***

**2. Take time to get to know each other. Each of you fills out the sheet Getting to Know You**

- Discuss your responses. Start with the ones relating to self.
- Discuss the statements relating to faith, God and being a Catholic last.

**3. Our Faith Journey**

**Sponsor:** Think back to your teen years for a moment. What, in reference to your faith, would you want to keep the same? What would you change about your journey at that time, if you could? Share with your candidate about your journey.

**4. Exploring Our Image of God**

- What three words would you use to describe God to a 3-year-old? (each of you shares).
- Take the **God is Like** sheet. One for each. Each sentence offers two images of God. Decide which image you would choose and circle your choice.
- In a few words explain your choice. No answer is more correct than another is. Your answers just shows how God is for you now.
- Discuss your answers. How are your images of God similar? How are they different?
- Name some things or people that have influenced how you perceive God at this stage of your faith journey.
- Describe if possible how your relationship with God is of value to you.
- Name how you help nourish your relationship with God.

## 5. God in the Scriptures

We can learn more about God through the Scriptures and the many images of God found there. Take your Bible and look up these passages.

*Psalm 18: 2-3*

*Isaiah 64: 8*

*Matthew 7: 7-12*

*Ezekiel 34:11-16*

*John 14: 5-6*

*Colossians 1:15-16*

With each passage you read, talk about the images of God. Are any of these images new to you? Share what you learned.

6. **Take a few moments** to quietly think about the time you have just spent together. Then do the following:

Name a gift you see in each other.

Name one way you would like to deepen your relationship with God between now and your next session. Put this into the form of a goal and action.

7. **Close this session with a prayer of thanks.** Each names something you are thankful for.

8. **Each of you complete a summary sheet and return to the Youth Office.** Plan your next meeting time and place before you leave.

Name \_\_\_\_\_

### Session I - Evaluation Form

This form needs to be filled out at the end of Session I and returned to the Holy Family Youth Office

All session evaluation forms must be turned in by \_\_\_\_\_.

1. Name something you liked or disliked about this session. Explain.
2. Did any of the material lead you to ask more questions or require more information? Explain.
3. Was there anything personally challenging about the session?
4. Did you gain any insights during the session either about yourself or Sponsor/Candidate? Be Specific.
5. Overall, how did you feel about the session? Suggestions?

# GETTING TO KNOW YOU

MY FAVORITE COLOR IS...

I LIKE BEING CATHOLIC BECAUSE...

A FAVORITE WAY FOR ME TO SPEND "ALONE" TIME IS...

THREE QUALITIES TO DESCRIBE ME ARE...

MY FAITH IS...

A SPECIAL HOBBY OF MINE IS...

A FAVORITE PLACE IN NATURE OF MINE IS...

I NEED TO HAVE FRIENDS WHO HAVE SIMILAR VALUES TO MINE BECAUSE...

I VALUE MY FRIEND BECAUSE...

THE FIRST THING I REMEMBER ABOUT GOD IS...

MY FAVORITE SEASON/ TIME OF THE YEAR IS...AND WHY?

I WISH THAT...

# God is More Like...

A Stone or a Soap Bubble?



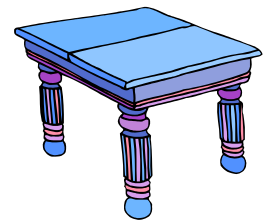
A Lake or a River?



A Mirror or a Diamond?



A Chair or a Table?



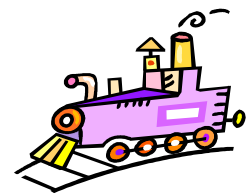
A Record Player or a VCR?

Breakfast at home or a trip to a fast-food restaurant?

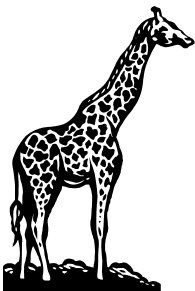
A Mighty Wind or a Whisper?



An Airplane or a Train?



A Giraffe or an Elephant?



A Forest or a Mountain?

